

Solomon Schechter Day School After School Fencing Class

Engarde! This class offers students an excellent introduction to the Olympic sport of fencing. Often called “physical chess,” fencing is a safe and fun activity that hones both the body and the mind. Students will learn basic fencing skills, strategy, footwork and techniques. Training will include stretching, drills, supervised fencing bouts, games and other fun activities. The fencers’ academy uses the electronic scoring equipment during the classes starting from the third class. **NEW**
All equipment is provided to students free of charge.

Where : SSDS school Gym
Who Teach : Coach/ Hossam Hassan
Head Coach of: *The Fencers Academy*
When : Wednesdays
Dates : January 13th through March 24th
Cost : \$150 per student



Formerly coach of the National Egyptian team, Hossam Hassan has 32 years of fencing experience, and has trained many internationally ranked athletes, including the Egyptian men’s foil team, who in 2004 qualified to fence at the Olympic Games in Athens. Assistant Coach Philip Janini, they will be running the classes.

For more information call: Hossam Hassan (314) 494 – 0697
Or email the coach headcoach@thefencersacademy.com
Visit www.thefencersacademy.com

The Fencer's Academy

Registration Form
Solomon Schechter Day School
Fencing class from:

NAME: _____

GENDER: M F (circle one) AGE: _____ GRADE: _____

ADDRESS: _____

PHONE: _____ CELL: _____

E-MAIL: _____

Students should wear long pants (athletic), t-shirt and athletic shoes. Bring your own snack and drink.

Assumption of Risk: I understand that any athletic activity involves physical exertion and risk of injury, and that the sport of fencing involves vigorous activities with sport fencing equipment and that there is risk of injury. I understand that despite the safety precautions taken by The Fencer's Academy and coaches, it is impossible to guarantee that a participant will not be injured. I assume the risk of any injury or other medical conditions arising as the result of my participation in any athletic activity in which I engage The Fencer's Academy. I understand that it is my responsibility to wear appropriate clothing to this class. I understand I am responsible for my own safety and conducting myself in a safe manner at all times.

Liability Release: I agree to indemnify and hold harmless The Fencer's Academy, Solomon Schechter Day School, instructors, coaches, members, guests and other participants, and the US Fencing Association, from all claims, liability, demands or actions for personal injury, damage or loss. This agreement shall be binding on my personal representatives, heirs and assigns.

Signature of Adult/Parent: _____ (if fencer is under 18)

Date: _____

Emergency Contact Information: _____

Please complete the form and mail it to Hossam Hassan at 1211 Tuxford Dr. #7
St Louis MO 63146, or hand it to him at the school.
(Please make check payable to: (The Fencers Academy)
Walk-ins day of event are also welcome.